

Psychology Practice Team

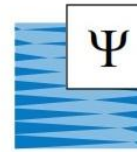
Dr. Femke Bannink Mbazzi is the director of the practice and an Associate Professor at the MRC/UVRI & LSHTM Uganda Research Unit. She is a clinical and educational psychologist (PhD, Ghent University) with over 20 years of experience in Uganda, providing assessments and therapy for children, adults, couples, and families in Dutch and English.

Vivian Kudda is a clinical psychologist (MSc Makerere University) with over 10 years of experience working with children and adults in hospital and refugee settings. She is a board member of the Ugandan Clinical Psychologist Association. Vivian conducts assessments and provides CBT and EMDR therapy in English and Luganda.

Elizabeth Kawesa is a clinical psychologist and PhD fellow (Leicester University) with over 10 years of experience in educational and hospital settings. She specializes in child assessments and CBT and play therapy for children in English, Luganda, and Ruyankole.

Laura Slater is an educational diagnostician (MA, United States) and Special Needs Teacher with over 20 years of experience in inclusive education in Uganda. She supports child assessments and home- and school-based behavioural interventions in English.

Carol Nanyunja is a clinician, early childhood specialist (MSc), and PhD fellow (London School of Hygiene and Tropical Medicine) with over 8 years of experience. She supports developmental and neurocognitive child assessments and early childhood interventions, and speaks English and Luganda.



Psychology Practice

Psychotherapy, Assessment, Training, Research

Information

for

clients

Psychology Practice (U) Ltd, The Surgery, 42 Naguru Drive, Kampala
Telephone: +256 312 256001/2/3. Email: info@psychologypractice.org

Website: <https://thesurgeryuganda.org/>

Our practice

Psychology Practice is based at The Surgery since 2003, provides psychotherapy and assessment for children, youth, adults, couples and families with psychological and psychiatric problems, such as depression, anxiety, trauma, behavioural problems, learning difficulties, relationship, parenting, couple and family challenges, burnout, anger management, eating and sleep disorders, and neurodevelopmental conditions such as Autism Spectrum Disorders and ADHD.

Psychotherapy

The first meeting will focus on assessment of the issues presented, and development of a treatment plan. For children and adolescents a full psychological assessment may be recommended.

Further appointments consist of therapy sessions designed to reduce symptoms, cope with problems or stressful conditions, and restoration of balance in your life, relationships and work.

Different methods of psychological treatment can be used to achieve this, including Cognitive Behavioural Therapy (CBT), Acceptance and Commitment Therapy (ACT), Emotion-Focused Therapy (EFT), trauma therapy including Eye Movement Desensitization and Reprocessing (EMDR), play therapy, and systemic therapy.

Depending on the type of issues, therapeutic method, and preferred choice of therapist and day and time of treatment of the client, subsequent appointments with one of our therapists are scheduled.

Psychological assessments

Full child and adult neuropsychological and educational psychological assessments can be recommended and include intelligence, achievement and other psychometric tests; socio-emotional and behavioural assessments; and where appropriate a school or home visit. For more details please refer to the child and adult assessment brochures.

Referrals

The Psychology Practice closely collaborates with The Surgery's medical professionals and other neuro-paediatricians and psychiatrists for referrals, admissions, and prescriptions when medication or admission is recommended.

Costs and duration

Therapy plans typically consist of 5-10 sessions, the cost of each 50 minute session is 100 USD for individual adults; 120 USD for children, couples, family sessions; and 240 USD school and home visits and emergency consults.

Payments can be made in USD or UGX in cash, by card or mobile money on the day of appointment or by bank transfer prior to the appointment date. Insurance letters to support refund claims can be provided.

Please note we have a 24-hour cancellation policy. Appointments that are missed (no-shows) or cancelled with less than 24 hours' notice will be charged the full session fee. This policy allows us to offer the appointment time to other clients who may be waiting for services. By scheduling an appointment, you agree to this cancellation policy.

Other services

Psychology Practice offers trainings, supervision, research and monitoring and evaluation services in the area of mental health, child safeguarding, HIV, stress management, and disability inclusion.

Appointments

Psychology Practice is open from Monday to Friday 8.00 till 17.30 and Saturday 8.00 till 14.00. Consultations are on appointment only. For more information and appointments: info@psychologypractice.org. For medical services and emergencies please contact The Surgery on 0312 256001/2/3 or reception@thesurgeryuganda.org.